



FIRST-AID FOR HEART ATTACKS

A heart attack is a blockage in a coronary artery caused by a clot, plaque or spasm of artery resulting in tissue death.

SIGNS AND SYMPTOMS OF A HEART ATTACK:

- Shortness of breath
- Vomiting
- Paleness, profuse sweating as well as other signs of shock.
- Unconsciousness
- Numbness, tingling in arms

FIRST-AID FOR A HEART ATTACK:

- Perform EMS and contact 911.
- Check Airway, Breathing and Circulation.
- If necessary, start AR (Artificial respiration) and AC artificial circulation.

Note: Angina sufferers may have medication to take to relieve pain. Nitroglycerin is the most common medication for angina. First aider should help casualty take the pill or spray used in the mouth or apply chest patch. Have person sit or lie down.

Rights to Be Observed When Taking Medication – ***RIGHT PERSON, RIGHT MEDICATION, RIGHT AMOUNT, RIGHT METHOD, RIGHT TIME.***

E.C.I.S. has been providing businesses and individuals with First-Aid training for over 25 years.

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