

E.C.I.S. REMINDER

FIRST AID FOR BURNS

In burn casualties the skin is broken and the body becomes vulnerable to germs and infections. Care must be taken when providing first aid to a burn victim to prevent further contamination.

Always:

- ✓ Provide first aid without letting the smell or sight deter you from your priority of care.
- ✓ Obtain medical help when the casualty requires that level of care.

Never:

- Touch a burn.
- Remove any clothing or jewelry attached to a burn.
- Break blisters.
- Further contaminate the injury by breathing or coughing on a burn.
- Apply lotions or cover the burn with adhesive dressings or absorbent lotion.

PREVENT BURNS IN YOUR WORKPLACE!

- Use appropriate protection at all times.
- Clearly label all toxic, corrosive and flammable materials.
- Ensure all fire extinguishers and smoke detectors work.
- Plan and practice a fire escape plan.
- Maintain care around open fires.

Did you know that burns are the fifth most common type of injury in the workplace?



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